



BOOK SIGNING & READING



TOUGH ENOUGH
Poems From The Tough Old Broads

MENEBROKER ↔ DALKEY
WEINBERG ↔ HOHLWEIN




HARLOW'S
RESTAURANT & NIGHTCLUB
www.harlows.com

APRIL 28th
Doors Open 1:00
Reading Starts 1:30

Raffle Prizes
2708 J Street Sacramento

Sponsored By: **COME & MEET THE BROADS!**



The Tough Old Broads

April is Poetry Month in America and East Sac Baby Boomers, Cold River Press and the American Cancer Society are proud to present a book release, signing and reading of TOUGH ENOUGH- Poems From The Tough Old Broads.

The contributions these four women made to the literary community in Sacramento, and beyond, is huge. Viola Weinberg was the first Poet Laureate of Sacramento; Kathryn Hohlwein was a long time professor of English at CSUS and is a world renowned expert on Homer; Victoria Dalkey is a long time art critic for the Sacramento Bee; Annie Menebroker was a huge influence in modern women's poetry and was included in The Outlaw Poetry Bible, a rare honor for any poet.

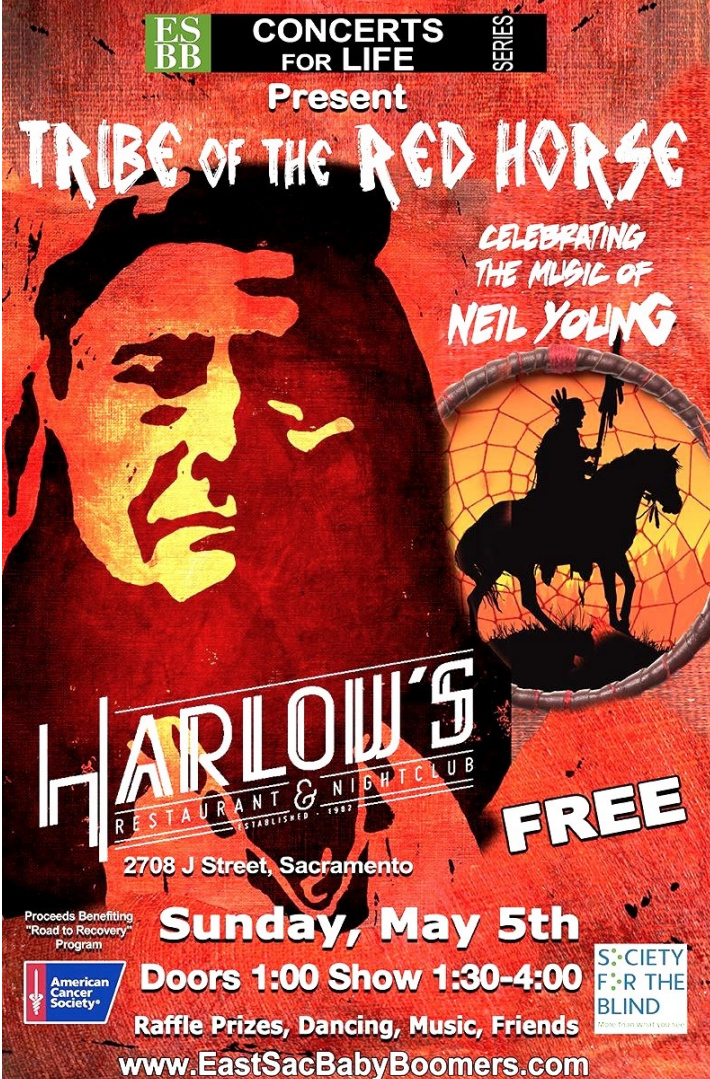
Donations from this event help fund the American Cancer Society's Road To Recovery Program which provides transportation to and from treatments for cancer patients.

ES BB CONCERTS FOR LIFE SERIES

Present

TRIBE OF THE RED HORSE

CELEBRATING THE MUSIC OF NEIL YOUNG




HARLOW'S
RESTAURANT & NIGHTCLUB
ESTABLISHED 1982
2708 J Street, Sacramento

FREE

Proceeds Benefitting "Road to Recovery" Program

Sunday, May 5th
Doors 1:00 Show 1:30-4:00

Raffle Prizes, Dancing, Music, Friends
www.EastSacBabyBoomers.com



Celebrate the Music of Neil Young and Crazy Horse with Tribe of the Red Horse.

Since forming in the summer of 2011 Tribe of the Red Horse has performed throughout Northern California to a steadily growing a fan base. The Tribe's music appeals to both boomers and 20-somethings who have also discovered Neil Young's legacy. Throughout the performance the band also plays notable audio clips from Woodstock and Martin Luther King to segue way between songs. This special show features a SOLO ACOUSTIC first set and a FULL BAND ELECTRIC second set.

East Sac Baby Boomer Member Spotlight



Who else but *this* ESBB member, upon being informed that he was the subject of this month's Member Spotlight, would offer up tips on lighting?

Most anyone who frequents social media has seen and admired his photographs. His images are described as eye-catching, fascinating and evocative - dazzlingly colorful and compelling. Or simply *beautiful*. No matter the subject, his work captures and reflects the vision of his keen and watchful eye. He is prolific, often spontaneous and always willing to offer advice. Let's take a closer look at the artist - Joe Chan.

Joe was born in Canton China, Guangdong Province, an area where many, if not most, Chinese immigrants destined for the Northern California immigrated from. However, his father was born in the Delta community of Courtland, Ca.

Joe's father, still in his early teens, went to China in the mid-1930s and by the end of that decade had married Joe's mother. In 1941 the couple gave birth to Joe's brother. His father returned to Courtland before the U.S. entered the war. He served in the U.S. Army then returned to China shortly after the war's ending. Joe was born in 1947. His father came back to the U.S. before the total Chinese Communist takeover. Despite the fact that his children were naturalized citizens, and thus not subject to exclusionary laws and interrogation at Angel Island Immigration Center, it took Joe's father two years before he could get his family to the U.S. The year was 1951.

The family settled on Levee Street in the tiny town of Locke, Ca. - the last remaining rural agricultural Chinese American community in the U.S. Joe's father went to work bagging groceries at the local market in Walnut Grove, located one half mile down river from Locke. His mother picked and packed field and orchard crops. Joe started kindergarten at Walnut Grove Elementary School but during his first grade year Joe and the family moved to Sacramento.

Joe's dad was able to procure a G.I. Bill loan and purchase a house on 12th Ave. & Sacramento Blvd. (now Martin Luther King Blvd.). The Chan family went to work for the Walter Fong-owned chain of Farmer's Markets. Joe's mother worked in their canneries while Joe earned his spending cash picking pears, cucumbers and tomatoes. Joe attended Oak Ridge Elementary, Stanford Jr. High and Sacramento High School (class of '66).

Throughout high school Joe studied clarinet and percussion. He was placed in accelerated learning classes but his passion was track & field. He ran the 100 and 200 yard dash and long jumped. Joe could run the 100 in 9.8 seconds. "*I was the fastest Chinese guy in Sacramento*".

Joe attended Sacramento City College for two years then went to work for Bank of America. He spent 10 years at BofA, becoming assistant vice president of the real estate division. He then took the leap by becoming an independent real estate/mortgage broker. He procured clients and brokered loans to meet their financial needs. He retired in 2006 after 35 years as an independent broker. Joe is the father of three, has seven grandchildren and currently lives in Land Park.

In 2004 he purchased a DSLR, Canon's first digital single lens reflex camera, then set about becoming a photographer. "*I took every conceivable picture in order to learn. I took college courses but tired of the curriculum. I read every book I could get my hands on. I studied all notable photographers, analyzed and copied their styles. During my first 6 or 7 years of photography I took about 80,000 shots a year. You can't get good unless you practice. I needed to find out where I was at and what I liked*". Joe estimates he has taken over a half million photos.

He began helping others as a volunteer teacher at the Asian Community Center where he taught beginning, intermediate and advanced photography and the use of Photoshop software. He willingly offers suggestions and advice to any aspiring photographer. Social media postings of his images are often accompa-

nied with specific details such as f-stop, exposure and composition. "I am more than happy to share my knowledge".

Some advice from Joe Chan: "To grow as an artist you have to stay outside of the box. You have to keep moving. Try not to please everybody, but be the best artist you can be."

Joe has been a member and a valued friend of the East Sac Baby Boomers organization since its founding in 2015. He has generously offered his time, resources and skills to ESBB causes. He has captured still images and videos of our events and has generously donated his popular artwork to every ESBB fundraiser.

The East Sac Baby Boomers thank Joe Chan for the service and enjoyment he has given to our organization and to the entire community.

While Joe does not maintain a personal website, his daily posting to his Facebook page, <https://facebook.com/joe.chanphotos>, allows him to keep his images constantly fresh and across all genres for his friends. The images are also archived on that page. Any images can be ordered with your personal requirements. Contact him at joechan127@comcast.net for a quote.



ESBB Thanks The Following

Poster Art: Charles Williams

Poster Art: Dave Boles

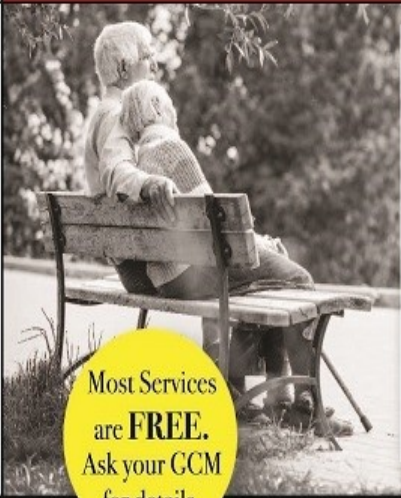
Graphics: Beth Chape

Layout: Eileen Leung

ESBB is a 501c(3) California nonprofit charitable organization founded and operated by unpaid volunteers. Membership in our organization is offered free of charge to the public and all funds raised through events, sponsorships and donations given directly to ESBB charitable beneficiaries. Contributions are tax deductible to the extent allowed by law. ESBB Tax EIN: 37-1788886

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Become A Member

ESBB invites you to become a registered member of our organization. Please take a moment to visit our website at eastsacbabyboomers.org and click on **join**. And while you are there check out the story of ESBB, find out about upcoming events and activities, access photos of previous events, read archived newsletters and become informed of our charitable beneficiaries. You can also contact us at this website.

ESBB is all about making connections, helping others, supporting the community.... and having *fun*. You can accomplish all of these things by joining ESBB, attending events and lending your support to those in need.

You can also become a member of the ESBB Facebook closed group. Just click on the FB icon at the bottom of our home page.



The relationship East Sac Baby Boomers has forged with the American Cancer Society and its Road To Recovery Program has been satisfying and effective. It's been three years since ESBB and ACS-RTR have formed their partnership and ESBB is proud to continue supporting this worthy program.

Cancer patients cite transportation to and from medical treatments as a critical need, second only to direct financial assistance. An estimated 3.6 million Americans delay or have difficulty getting needed medical care each year due to lack of available or affordable transportation to and from treatment. The ACS Road To Recovery Program offers transportation services **free of charge** and ESBB has provided funding for this critical service to hundreds of patients.

ESBB has also provided members our community an opportunity to express their generosity and to *Pay It Forward*. Thus far ESBB has contributed \$27,500 to the American Cancer Society's Road To Recovery Program. Contact: cancer.org/drive or 1-800-227-2345.

ESBB Meet & Greet

The primary mission of the East Sac Baby Boomers is to bring people together to make meaningful connections. Another mission is to have some *fun*. ESBB accomplishes both with its quarterly Meet & Greet series.

ESBB staged another M&G on Feb. 8, 2019 at Clubhouse 56 located at 56th and H Streets. It was an evening of friendly conversation spent in a casual and relaxed environment. ESBB invites you to attend its next M&G. Everyone is welcome. There are no age or geographic requirements. Keep informed of ESBB activities by checking out our East Sac Baby Boomer Facebook page and our new website: EastSacBabyBoomers.org.



SOCIETY FOR THE BLIND

More than what you see

The Society For The Blind's Senior Impact Project is a perfect fit for East Sac Baby Boomers. Due to the generosity of individual donors, business sponsors and event attendees, ESBB members and supporters have been

given an opportunity to effectively *Pay It Forward* to help those living with vision loss within our area.

The Senior Impact Project (SIP) is open to individuals aged 55 or older who live in Sacramento and nearby counties. Its mission is to empower individuals living with low vision or blindness to discover, develop and achieve their full potential. All services, including transportation are **free of charge**.

SIP provides training in non-visual skills and alternative techniques which help individuals improve and maintain their independence. Participants receive individual attention from certified instructors and are coached by adept blind mentors.

SIP also offers monthly support groups at the Society For The Blind facility located at 1238 S Street, Sacramento, CA 95811. Contact: SIP Manager: 916-452-8271 ext 516.

